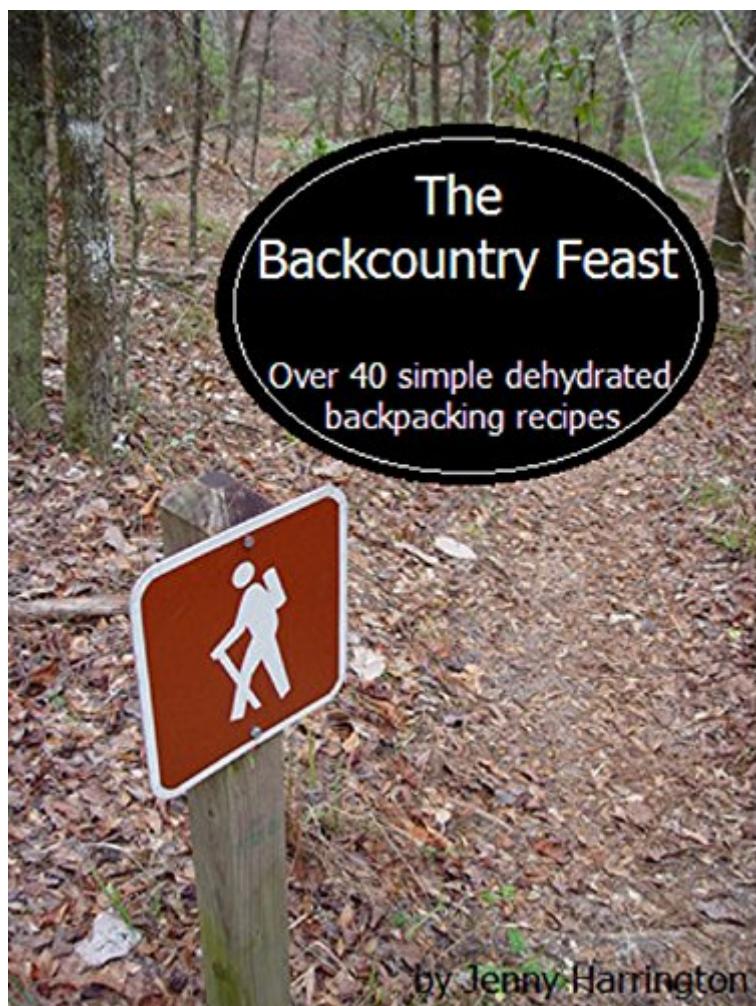


The book was found

The Backcountry Feast: Over 40 Simple Dehydrated Backpacking Recipes



by Jenny Harrington



Synopsis

Lightweight, tasty, and nutritious foods are a must for any backpacking trip. These recipes are simple, taking just minutes to assemble, yet tasty and satisfying. You will find tricks for making your own food without a dehydrator, along with tips on dehydrating, packing, and cooking your meals. There is even a recipe for making tasty dehydrated eggs that beat out the freeze dried commercial variety -- one of the major challenges of the home backpacking chef! Find staples like macaroni and cheese, favorites like frito pie and breakfast smoothies, and exotic flavors like curry and pad thai. Every recipe only needs one thing to prepare it once you are on the trail -- boiling water. You will always be ready to eat within 20 minutes!

Book Information

File Size: 887 KB

Print Length: 42 pages

Publication Date: October 18, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01MF9NXWY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #222,388 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #45 in Books > Cookbooks, Food & Wine > Outdoor Cooking > Camping & RVs #45 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Dehydrators #76 in Kindle Store > Kindle Short Reads > One hour (33-43 pages) > Sports & Outdoors

Customer Reviews

I just bought this and havent made any of the stuff yet, but looking through it and im pretty happy with it. for 3 bucks im going to be eating good on my hunting trips now. i was curious about some different way to cook certain foods, and this shows how to get past some of my questions.being that a mountain house is 8\$ and is just sodium in a bag, this 3 dollar book is well worth it.

I love this book. Good, simple commonsense approach to simple, easy meal preparation.

Picked out some recipes from here and modified them slightly for my own twist. Great place for ideas and a great way to save money and eat better tasting food on the trail!

Thanks to you, my fuel canisters will go much, much farther, saving me \$\$. I will look for pastas differently from now on, as well. I look forward to trying some of your recipes on my 2650 mile hike of the Pacific Crest Trail in 2017. Thanks Jenny! Smartest 3 bucks I ever spent!!

Great info in this book. Trying them out now.

Not many recipes. And too many with pork and or beef

[Download to continue reading...](#)

The Backcountry Feast: Over 40 Simple Dehydrated Backpacking Recipes Backpacking: Backpacking For Beginners - With Insider Money Saving Tips. The Essential Guide To Backpacking And Hiking Around The World. (Backpacker Guide, Hiking Guide, Backpacking 101) Paleo Baking Ultimate Feast Recipes: Step by step recipes to a delicious gluten-free, grain-free and dairy-free paleo feast! The Ultimate Healthy Dehydrator Cookbook: 150 Recipes to Make and Cook with Dehydrated Foods Dehydrator Cookbook: Top 100 Dehydrator Recipes for Jerky, Fruit Leather, Snacks, and Tasty, Healthy, Dehydrated Meals The New Food Dehydrator Cookbook: 187 Healthy Recipes For Dehydrating Foods And Cooking With Dehydrated Foods Backcountry Skiing California's High Sierra (Backcountry Skiing Series) Sierra Nevada Byways: 51 of the Sierra Nevada's Best Backcountry Drives (Backcountry Byways) Lonely Planet Backpacking in Alaska (Backpacking in Alaska, 1st ed) Arkansas: A Guide to Backcountry Travel & Adventure (Guides to Backcountry Travel & Adventure,) Colorado Byways: Backcountry drives for the whole family (Backcountry Byways) Backcountry Skiing Utah: A Guide to the State's Best Ski Tours (Backcountry Skiing Series) Backcountry Skiing Utah (Falcon Guides Backcountry Skiing) Idaho Byways: Backcountry drives for the whole family (Backcountry Byways) South Carolina: A Guide to Backcountry Travel & Adventure (Guides to Backcountry Travel & Adventure.) Backcountry Adventures: Utah- The Ultimate Guide to the Utah Backcountry for Anyone With a Sport Utility Vehicle Backcountry Skiing Snoqualmie Pass (Falcon Guides Backcountry Skiing) Quick and Easy Dehydrated Meals in a Bag The Forest Feast for Kids: Colorful Vegetarian Recipes That Are Simple to Make Scandinavian Gatherings: From Afternoon Fika to Midsummer Feast: 70 Simple Recipes &

Crafts for Everyday Celebrations

Contact Us

DMCA

Privacy

FAQ & Help